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ବୋଲ୍କୁ ଇଫିଚ୍ସ; ଏଇନ୍ଦ୍ରିୟ କେଳିକ୍ଷାର୍ଥୀ

MKW ମହାକାଳ ତୁ
 ବିଶ୍ୱାସ ପାଠ୍ୟ ମହାକାଳ ପାଠ୍ୟ ମହାକାଳ ପାଠ୍ୟ

iTrkouk&

Hkkj rh; I tñfr fo'o dh I okf/kd i kphu , oal e) I tñfr gA bI dh mnkj rkj I fg".kjk rFkk I ello; oknh xqkkaus vU; I tñfr; kdkLo; aea I ekfgr rks fd; k gS fdq vi us vflrRo dksHkh I jfkr j [kk gA on Hkkj rh; I tñfr ds i kphu xjk , oa egkKku dsdk gA buaifjyf{kr



Hkkj rh; I tñfr u døy ikphurk dk i ek.k gSvfi rqog ve; kRe vkg fpru dh Hkh JSB vfhk0; fDr gA ve; kRe dsI kFk /ke] vFk] dke] ek] tS s pkj i #KKFkk dk Hkh fo'k'V LFkku gA
 fdI h Hkh oLrq dk LokHkkfod xqk ml dk /ke] dgykrk gS tS s vfxu dk /ke]ml dh xehzvkg ml dk rst

gA ml h i zdkj eu; dk LokHkkfod xqk ekuork gSvkg ; gh ml dk /ke]gS bI hfy; son ml sl PpsvFkksekuo cuus dh ij .kk nrsqg dgrk gA

eu; tu; k n@; atue¹

/ke]eu; rFkk i 'kqeavUrj djusdk I k/ku gS D; kfd ; fn fdI h 0; fDr ea/kkfeD y{k.k ughagSvkg og døy vkgkj] fuæk rFkk I rkukki fuk eagh fyIr jgrk gSrks, d k eu; i 'kqdsI eku gh gksk gA

vkgkj &fuæk&hk; &eFkqap I ekuesRi 'kFkkj k. kkeA
 /ke]g rskkef/kdkfo'kSkks/ke]k ghuk% i 'kFkk%I ekuk%AA

eu; I f"V dh xkjoe; h vfhk0; fDr gA I d kj eaftrushkh tho gSmueeu; dk LFkku I okfj gSD; kfd døy ogh food cf) I sl efflor gA egkHkkj r ds'kkfir i olen_f'k dgrsg&

Bxpaicā rfnnacolfe] u ekuJJSBrjafg fdipr vFkk~cāk dk jgL; ; gh gSfd I f"V eaeuko gh I oJ\$B gA

e= n"Vk _f'k; kaus ekuo thou dks I ojzdkj I svkuni wZekus dsfy; sviusve; ; u vkg fpru ds vkkj i j ftI rRo dh [kkst dh ml dks/ke]dk uke ndj n'k y{k.k vFkok dÜk0; kach I hek eal ekfgr dj fn; kA vpk; Zeu/ke]dk y{k.k nrsqg sdgrsg&

/kfr%{kek neks Lrs a'kkpfeflu; fuxgA
 /kfoh; k I R; e=kksn'kda/ke]y{k.kAA²

vFkk~kfr wks 14 {kek} ne 14 a e I s/ke]eyxsjgukh vLrs 1pkjh u djukh 'kkp 14 fo=rk14 bflu; kdk

fu; æ.k ej [kuk] cf) dksI RdeZeyxkuk] ; FkkFkzKku i klr djuk] I R; dk vkpj .k djuk vks dHkh Øksk u djuk vFkkz~'kkj jguk ; s/keZdsy{k.k gA tkseu; bu n'k xqkkadksvi ukdj pyrk gSog u døy Lo; al qk jgrk gS vfi rqnt jkadsI qkkadk Hkh grqcurk gA

fo'o 'kkfr dk ekxzizklr dhusokys; son blgha/kekfn dk Kku i klr djusdsI k/ku gA fo | UrsKk; Urs yH; Urs ok /kekfn i "#"kkFkz , fHkjfr onkA* blgha i "#"kkFkz prtV; us Hkkjrh; I lñfr ea vke; kfRedrk ds I kFk Hkkzrdrk dk vnlk I elo; dj fn; k gA bu i q "#"kkFkz oñ Eke LFkku /keZdk gh gA ; fn /keZdksI oñ Eke u j [kk x; k gksk rksvFkz vks dke ds i hN&2 HkkxrsjgusI sl ekt eav0; oLFk QSy tkrhA vFkz vks dke dh mi kl uk døy foÑr thou dks vkeæ.k nrh gA vkt eu; blgha ns i "#"kkFkz ds i hNs ekck dh mi kk dj jgk gS rFk HkkzVpkj dsekxzij pyrsgq sfotk dh fLFkfr rd i gp x; k gA bI h dkj .k Hkkzrd I qk I fo/kkvkal sl Ei Uu gksq gq Hkh vkrfjd : i I s0; kdly gA D; kd bPNk; adHkh Hkh Hkkzkal s'kkUr ughagkrh vfi rqftI i dkj ?kh MkyusI s vfxu vks HkMdrh gSmI h i dkj bPNkvkadh i firzI sosvks Hkh i cy gks tkrh gA vpk; ZeuHkh dgrsg&

u tkrqdk%dkekukuq Hkkosu 'kkE; fra
gfo"kk Ñ".koReb Hkz , okfHko/kzAA³

/keZbu vfu; f=r vfklyk"kkvka i j fu; æ.k j [kdj thou dksI jy vks 'kkr cukrk gA onkaeafI ds}kj k vH; p; , oafu%J s I dh fl f) gksml s/keZdgk x; k gA ^ rksH; p; fu J s I fl f) %I /keZ
yfdu dkykUj r e/keZdk i z kx 0; ki d : i esfotHkuu I Eink; kadsfy; sgksusyxk gSts & ck) /keZ tñ
/keZ bLyke] bI kbj fl D[k /kekfnA egf"kn; kum /keZvks v/keZdsLo: i dksifrikfnr djrsgq sdgrsgSi {ki kr jfgr] U; k;] I R; dk xg.k vI R; dk ifjR; kx] i jk dkj djuk rFk bZojh; vkk dk i ky /keZgSbI dsfoi jhr v/keZgA JhenHkkordkj dsvu; kj onkausftu dekdk fo/ku fd; k gSos/keZgSvks ftudk fu"ksk fd; k gSos v/keZg&

on i z kfgriks/kekzA/keZrf} i ; z %
onksukjk; .k%I k{kk-Lo; EHkjfr 'kþeAA⁴

vkt dsLokFk j d ftI ; x eage ; k=k dj jgsgsmI eai R; d 0; fDr ; gh I kprk gsfld tksog ekurk gS ogh I R; gSvks fgrdkjh HkhA mI dkseuokusvks ykxwdjusdsfy; sog vi uh I Ei wklI keF; Zyxk nrk gA fo'o ea v'kkfUr QSykusdsfy; s; g , d vdsyk rF; gh dkQh gA bI I eL; k dsifjgkj dsfy; seuqus/keZdh , d vks i fjHkk"kk nrsgq sdgk gA

on Lefr%I nkpkj%LoL; p fi z ekReu%
, rPprfozki kg%I k{kk) eL; y{k.keAA⁵

on] Lefr vks I nkpkj dks/keZdk vks/kkj i frifikfnr djrsgq sosdgrsgsfld vi uh vkrEk dksfi z yxus okys0; ogkj dksnI jkadsI kFk djuk /keZgA I ukru /keZebI sB/keZ oLoe~ dgk x; k gA

Jw rka/keZ oLoaJpok pkl; o/kk; zkeA
vkReu%I frdlykfu i jskau I ekpjrsAA⁶

vFkkz~tks vkpj .k Lo; adsifrdly gks oI k vkpj .k nI jkadsI kFk u djuk gh /keZdk I oLo gA ; g Hkkjrh; /keZdh I gu'khyrk gh gSfd og nI jsdsvfLrRo dsI kFk&I kFk mI dsvf/kdkj dh Hkh LohÑfr i nku djrk gA
/keZ0; fDr dsI Ei wkl thou dk vks/kkj gA bI I sl ekt] jk"V"vks Lo; a0; fDr dk cgeqk fodkl gksk gA

vr%euñ; dksI nñ /kekLñ ljh gskuk pkfg; A

/ke] vFk dke] ekñk euñ; dsbu pkj i q "kkFk&dksnksHkxkaeofHkDr fd; k x; k gñ i gyk /kezvñj vFk rFk nñ jk dke vñj ekñkA /kezI sekñk rFk vFkI sdke dh fl f) gskh gñ

; | fi vFkZdksoñd I kfgr; eñde egRo ughafn; k x; k gñbI hfy; spkjai # "kkFkseamI sf}rh; LFku i j j [k x; k gñyfdu ; g /kuk ktu /kezdh vogyuk djdsughfd; k tkuk pkfg; A , rjs ckñ.k fujrj Je djus dh ij .kk nrsgq sdgrk gñ

ukuk JkUrk; JhjfLr i ki ku"knøjkst u%

blæbPpj r%I [kkA pj ñfr pj ñfrAA⁷

vFkñr tksijh 'kfDr I sifjJe ughadjsmlgñ y{eh ughaiklr gskh gñ vkyI h euñ; ikih gskk gñ Hkxoku Je djusokyadk gh fe= curk gñbI fy; sJe djñ Je djñA

bl i zdkj ifjJe I svftñ /ku I sI ñk dh ikflr gskh gñ ; fn vFkZ/kekJr gskk rksv'kkñr dsfy; sdkbZ LFku gh ughajg tkrkA yfdu vkt dsbI Hkñrdoknh ; x eavFkñJr /kezdk i z kx gksjgk gñ euñ; /ku i klr djusdsfy; sfdl h Hkñ gn rd tk I drk gñ Hkrñfj ds; x eku dsi fr ogh nf"V nñkusdksfeyrh gñ tksvkt gñ &

tkfr; kñjI kryaxqkx.kLrL; kl; /kksxPNrq
'khy'a'ksyrVkr-i rRofHktu%I nñâ; rkaofauukA
'kkñ ñofj.f.k otek'kñfui rRofkñLrqu%doña
; uñdu fcuk xqkklr.kyoit; kñl eLrk beAA⁸

bl i zdkj pkgsI c dñ u"V gks tk; si jñqdoñ vFkZdh ikflr gks tk; sftI dsfcuk euñ; dsl kjsxqk rPN r.k dsl eku gkstkrsgñ

bl h vFkZU; v'kkñr vñj nñk dk fuokj.k djrsqñ soñnd _f'k i jeñoj I s, s/ku dksinu djusdh i kFkñk djrk gStksfotrk cukusokyk gksrFk LokoyEch cukuseal {ke gñA

, Uæ I kufl ajf; al ftRokual nkgl eA of"kkBeir; HkjAA⁹

D; kñd I kñj eafruh Hkñ mi Hkñx dh oLrñ agñoseuñ; dh r".kk c<usij mñgal rñV djuseal eFkZughñ gksI drhA bl hfy; soñnd _f'k I Ei wklfo'o dksI ko/kku djrk gñk dgrk gñ

; k ek y{eh%i r; kyj tñVkfHkpLdññ olñnuñ o{keA
vñU; =kLeRI forLrkfe/kks/kk fgj .; gRrksol quksjjk.kñAA¹⁰

vFkñr ftI i zdkj vejcsy o{k i j Nkdj ml dk I Ei wkljI yñj ml dk 'kkñ.k djrh gñmI h i zdkj i bñr vñj I ñk dsdke eñu vkuñokyh rFk I oñzdkj I si ru djusokyh ; g y{eh euñ; dh fpñk c<kñdj ml dh eR; q dk dkj.k cu tkrh gñ

ge nñkrsqñfñ onkñeñu rksHkñx dh i zkkurk gñu R; kx dhA mudh nf"V eñl a e fu; f=r dkeuk gh euñ; dsfy; svifñkr gñ ; tññ euñ; dsdY; k.k dk ekxzizkLr djrsqñ sdgrk gñ

bZkkokL; fenal oñ; fRd 'p txR; katxrA
rñu R; Drñu HkñtñHkñ ek xzñdL; fLo ueAA¹¹

vFkk~oLrqdsR; kxi oþl Hkkx I srFkk nñ jkads/ku ds i fr bPNk u j [kdj eu]; thou eal q'kkfr LFkkfi r dj I drk gA bl i zdkj on thou thusdh dyk fl [kkrsqA]

I eLr i zdkj dh I eL; kvkakd eyj eu; dk 0; fDroknh gks tkuk gSbl hfy; srksn dgrk gA , dkdh Hkkstu djusokyk døy i ki [kkrk gA døyk/kksHkofr døyknh¹²

bl fy; ; tþn eijLi j feydj Hkk; i nkFkk dk I ou dju; vè; ; u djusrFkk }skHkkokal snj jgusij cy fn; k x; k gA

I gukooraA I gukskDraA I goh; ±djkok ogA
rstfLouko/khreLraA ek fof} "kkogA¹³

_Xosnd _f"k Hkh ; gh dgrk gSfd ; fn eu; vi uh mlufr pkgrk gSrksog døy ijLi j ie o l g; lx Hkko I sgh I Ekk gA

I xPNeoal oneoal aokseukfl tkurkeA
nok Hkkxa; Fkki oþl atkukuk mikl rAA¹⁴

_Xosnd /kezdk , d Lo: i ; K Hkh gA pkjkaonkadk eyj mis; I Qyrki oþl ; Kladk I Ei knu djukuk gA
_Xon earks; K dksgh i Fke rFkk eþ; /kezekuk x; k gA

B; Ku ; Ke; tUrnokLrkfu /kefL.k i FkekU; kl uþA
rsg uklaefgeku%I pþr ; =k i oþl ke; k%I fþr nökAA¹⁵

'kri Fk ckā.k ; K-eðksbZ oj , oa/kezdk I k{kkir i rhd dgk x; k gA Bfo".kþs K%
; K eavfku dk fof'k"V LFkk gA _Xon eavfku dks; K dk i gksgr dgk x; k gA

^vfxu ehysi jksgre¹⁶

; K ea i frLFkkfi r vfxu dhVk. kþk'kd gksr gA gekjs i frfnu ds0; ogkj eavfxu iR; {k : i I sHkkstu vlfn eagkfudkj d dhVk. kþkakdsu"V dj dsbllgAlokLF; o/kd cukrh gSbl hfy; svfxul Dr ea; g dkeuk dh x; h gA

I uþfir o I wosXusI i k; ukstHkoA I pLoku%LoLr; A¹⁷

vFkk~ftl i zdkj , d fir k vi usi þ dksml dsfgr dsfy; sl jyrk I si klr gks tkrk gSml h i zdkj gs vfxu vki Hkh gekjsdY; k.k dsfy; sgeai klr gA

_Xon eadgk x; k gSfd ; K ds}kj k i gys | yksd dksiz lu fd; k tkrk gSml dsi 'pkr o"kkZ}kj k | yksd i Foh dksrI r djrk gA

Hkkfieai tI; k ftUofUr] fnoaftUoUR; Xu; %¹⁸

yfdu vkt i ; kbj .k vI ryu dh ftl fodjky I eL; k I sl Ei wkkfo'o dsl e{k , d I dVe; fLFkfr cuh gq h gSog eu; }kj k ml ds I kfNMM+dk i fj. kke gA i ; kbj .k i nkk. k ea ekuo dh fodkl ifØ; k rFkk vkkfudrk dk egRo i wkk; kxnku gA i ; kbj .k i nkk. k vkt dsl e; ea, d Toyr of'od egnk cu pþk gA vkt i yk fo'o i ; kbj .k i g{kk dksydj fpfrr gA I d kj dh iR; d oLrqty] gok feéh] Hkkfie I Hkh i nffkr gksx; sgA ftl I sekuo thou I dV ea M+x; k gA

i ; kbj .k dsegRo dksvFkobn dgrk gSfd I d kj ea i dsk djusdsi 'pkr , d f'k'kqdksvi usvfLrRo dh

j{kk dsfy; sekrik&fi rk dsvfrfjDr ftl rRo dh l cl svf/kd vko'; drk gksr gSog i ; kbj.k gh gA on e; i ; kbj.k dksifjf/k uke l svfHkfgr fd; k x; k g&

I okzSr= thofr xkj' o%i # "k%i 'KA
; =nacā fØ; rsifjf/kthbul; deAA¹⁹

b1 hfy; svkt l sgtkjka"kl i nZgh ea=n"Vl _f"k; kaus l eLr i kf.k; kads dY; k.k dsfy; s i ; kbj.k dh egÜkk ml dsl j{k.k rFkk ekuo thou eakusokysfodkj , oaLokLF; l o/ku dsl cdk eavud rRokadk vlošk.k dj fy; k FkkA

; K eanh tkusokyh vkgfir; kal su døy i ; kbj.k 'kq) gksrk gSvfi rgea=kadsLoj ok; p. My eaQSydj fpfdRI k dk dk; ZHkh djrsqA vFkobn eaosJ , d jkxh dksl cks/kr djrsqyk dgrk gSfd e; K eanh tkusokyh vkgfir }kjk vKkr jkskavkj ; {ek jkskak sepr dj l drk gA xkxy vksf/k ds i z kx l s ; {ek vknf jkskak fuokj.k fd; k tkrk gsvkj xkxy dh xdk i kflr dk mi k; ; K dksrk; k x; k g&

u ra; {ek v: /krsu&a'ki Fkksv' uPA ; HksktL; xkxyk%l gjfHkxU/kksv' uPA²⁰

; tøh eahh i kñfrd i ; kbj.k dsifr fpark izV dh x; h gSrfkk jk"V'eal e; & l e; i j o"kkzgkusvkj Qy vksf/k o vlu l shkj ijy gkdj ; kx{ke l sl Ei lu jgusdh i kFkuk dh x; h g&

fudkesfudkesu%i tU; kso"kqQyoR; ksu%vksk/k; %
i P; Urka; kx{keksu%dYirkeAA²¹

rFkk ogh fo'oi ; kbj.k dh j{k.k gsr'kkfir dh i kFkuk Hkh dh x; h g&

Åj | k%'kkfUrjUrjf{k 'kkfUr%
i ffkoh 'kkfUrjki '%kkfUrjksk/k; '%kkfUr%A
ouLi r; '%kkfUrfoZ osnok%'kkfUrcæe 'kkfUr%
I o'kkfUr% 'kkfUrj o'kkfUr%l kek 'kkfUrjs/kAA
Åj 'kkfUr% 'kkfUr% 'kkfUr%AA²²

b1 izkj ekuo thou dsnks i {k g& , d dk l cdk vUr%txr l sgsvkj nli jsdk cká txr l A tksbu nkuka thou dh vko'; drkvkadh i firz djuseal eFkZgSogh i kl fixd gA on tgkj , d vkj f'kol adYieLrqts s eaks }kjkj l R; offnrk l nkpkj] R; kxi jd Hkkx] nku] /keZtS & mnkük eW; kadsvkj; eajgdj thou thus dh f'k{k nsrgSogh nli jh vkj osçNfr i e o l j{k.k eahh egRoi wZHkfedk fuHkkrsqA

; K u døy i kñfrd i ; kbj.k dksnfkr gksu l scpkrsqScfYd 'kkjhfjd o ekufl d i ; kbj.k i nkk.k dks Hkh nj djusdk l 'kDr eké; e gA ofnd _f"k; kausekuo ek= dsvfLrRo dh j{k.k dsfy; sftu fu; ekadksck; k o i kyu fd; k oksvkt Hkh mrusgh i kl fixd gftrsu fd ml ; q eafksvko'; drk gsrkscl mudsvuqkyu dhA

I nHkz I iph

- 1- _d-10@53@6
- 2- eufr 06@92
- 3-euq2@94
- 4-JhenHkkxor& 6@@1@40
- 5-euq2@12

- 6-½ neijk.k] | f"V 19@357&358%
- 7-; sjş ckā.k 7@15
- 8-Hkržfj uhfr'krde-
- 9-_d-1@8@1
- 10- vFkobn 07@115@2
- 11- ; tøh 40@1
- 12- _d~10@117@6
- 13- rñkjh; vkj. ; d 9@1
- 14- _d~10@191@2
- 15- _d~10@90@16
- 16- _d~1@1@1
- 17- _d~1@1@9
- 18- _d~1@164@57
- 19- vFkobn 08@2@25
- 20- vFkoz 19@38@1
- 21- ; tø22@22
- 22- ; tø36@17