

# REVIEW OF RESEARCH

ISSN: 2249-894X IMPACT FACTOR: 5.7631(UIF) VOLUME - 14 | ISSUE - 8 | MAY - 2025



# SRI GURU TEGH BAHADUR: THE MARTYR WHO STOOD FOR DEMOCRATIC VALUES

Dr. Arvinder Singh Bhalla Gujranwala Guru Nanak Khalsa College, Ludhiana.

## **ABSTRACT:**

Sri Guru Tegh Bahadur, the ninth Sikh Guru, holds a unique and revered place in the annals of world history. At a time when oppression was widespread and religious persecution was sanctioned by the Mughal rulers, he stood up as a courageous and unwavering voice for the rights of the downtrodden sections of Indian society. His ultimate sacrifice in 1675, made in defense of liberty and conscience, continues to inspire people across all divides. Born in 1621 in Amritsar to Sri Guru Hargobind Sahib and Mata Nanaki, Sri Guru Tegh Bahadur was a great thinker, saint, and warrior molded by both spiritual wisdom and martial training. Deeply reflective



and composed, he embraced a life of devotion and service. His divine hymns, 116 in total and 57 Sloks, now preserved in the Sri Guru Granth Sahib, speak profoundly of inner freedom, detachment, and standing firm in the face of fear.

**KEYWORDS**: Sri Guru Tegh Bahadur, world history, Indian society.

### **INTRODUCTION:**

The India of his time was gripped by the iron hand of Mughal ruler Aurangzeb, whose policies aimed at the homogenization of religious beliefs through religious persecution. Under his rule, many communities, especially non-Muslims, were subjected to forced conversions. Among the victims were the Kashmiri Pandits, who, in desperation, approached Sri Guru Tegh Bahadur for help. What followed was a decisive moment in Indian history—one man's conscious choice to stand for the collective rights of humanity. His response was not rooted in political rivalry or sectarian defense, but in a universal principle i.e. the right of every individual to practice their faith freely. He chose to confront the might of Aurangzeb, fully aware of the consequences. His arrest, torture, and execution in Delhi were not the result of any crime but of his refusal to abandon his religious beliefs. His death, thus, was a deliberate act of resistance to tyranny and an affirmation of the human spirit's dignity.

The impact of his sacrifice rippled through Indian society. It infused courage among the masses and paved the way for a collective spiritual and political awakening. His martyrdom laid the moral groundwork for the creation of the Khalsa by his son, Sri Guru Gobind Singh, who transformed the Sikh community into a force that combined spirituality with the responsibility of defending justice. By reaching out to all communities, traveling across India, and advocating for human dignity, he was building bridges among cultures and religions. His actions demonstrated that the pursuit of a just and peaceful world requires standing firm against injustice, even if it demands the ultimate sacrifice. His life was a sacred commitment to the idea that democratic values must be defended not only in courts and parliaments but through personal example and fearless sacrifice.

Journal for all Subjects: www.lbp.world

The gap between modern democratic ideals and spiritual life often appears wide, especially in societies shaped by Western notions of democratic principles. For instance in many such framework, secularism has come to mean the deliberate exclusion of religion from matters of state. Yet, the life and teachings of Sri Guru Tegh Bahadur offerd a very different perspective—one where spiritual conviction and democratic values are not only compatible but deeply interwoven. His worldview championed a form of moral governance where the rights of individuals were sacred, not merely by law, but because every soul was divine. His life is a testament to principles we now associate with democracy: freedom of thought, equality before law, justice without bias, and the right to voice dissent. These were not abstract ideals for him, but truths he lived by—and ultimately gave his life for. His ultimate sacrifice in defense of the religious freedom of Kashmiri Pandits was not only an act of compassion but a bold stand for universal human rights. At a time when tyranny and religious orthodoxy sought to suppress diversity, Guru Tegh Bahadur upheld the dignity of all faiths, refusing to let coercion override conscience. His was a deeply inclusive vision—one that accepted and protected differences, rather than fearing or erasing them.

Though the phrase "national integration" belongs to modern political vocabulary, the spirit of it thrived in Guru Sahib's actions. He envisioned a society where different communities could coexist with mutual respect and shared values. His approach was not about uniformity, but about unity rooted in moral and spiritual strength. His understanding of secularism did not imply the absence of religion in public life—it meant the equal respect and freedom of all beliefs. Firmly grounded in Sikh principles, he stood for a social order where no one would be persecuted for their faith, caste, or status. In this regard, his outlook mirrors the constitutional ideals of modern India, particularly the freedom of religion and conscience enshrined in its fundamental rights. Above all, he presented a unique and courageous form of resistance—not through rebellion or bloodshed, but through the strength of inner conviction. He believed in confronting oppression with the force of truth and sacrifice. His martyrdom was not only a spiritual act, but a historic assertion of civil liberties, setting an enduring example of how moral courage can challenge and defeat tyranny. His life remains a profound reminder that the fight for justice is not merely political—it is also spiritual. In an age where human rights continue to be threatened in various forms, his legacy offers timeless guidance. He upheld the belief that every individual, regardless of background, deserves to live with dignity, freedom, and security.

In fact Sri Guru Tegh Bahadur envisioned a society where no one would live in fear of persecution, and where differences in faith or philosophy would not be grounds for violence or suppression. He preached respect for all traditions and beliefs and affirmed that moral conduct—not identity—was the true measure of a person. Through his life and teachings, he rejected both religious extremism and political despotism. His legacy is monumental, not just within Sikhism but in the broader context of human history. At a time when the very notion of democracy was either nascent or non-existent across much of the globe, Sri Guru Tegh Bahadur upheld principles that resonate with today's democratic ideals viz., freedom of belief, equality before the law, resistance to unjust authority, and protection of human dignity. He lived and died by these values long before they became enshrined in constitutions and declarations.

His democratic vision also embraced social justice. He preached liberation from fear, oppression, and attachment, advocating a life of truth, sacrifice, and inner strength. His hymns echoed the voice of the voiceless, inspired the downtrodden to rise in defense of their dignity, and urged rulers to be just and accountable. His rejection of Aurangzeb's authority was not a mere political stance but a moral revolt against despotism, rooted in the Sikh doctrine of standing for righteousness, even at the cost of life. In promoting national integration, secularism, and human rights, his role was transformative. He reached out to people of all faiths, encouraged interfaith dialogue, and nurtured a society where religious and cultural diversities were seen not as threats, but as strengths. His life was a living example of the idea that no religion has a monopoly over truth, and every individual must have the freedom to seek the divine in their own way. His martyrdom sowed the seeds of a new political consciousness. His sacrifice awakened the spirit of resistance among the oppressed, and inspired the creation of the Khalsa by Sri Guru Gobind Singh—a force committed to the defense of justice and the

\_\_\_\_\_

downtrodden. Thus, his death was not an end but a beginning of a democratic resurgence that challenged centuries of tyranny.

Sri Guru Tegh Bahadur's contribution is especially relevant today, as the world grapples with rising intolerance, threats to freedom of expression, and erosion of human values. His life reminds us that true democracy is not merely about systems and institutions but about courage, compassion, and moral clarity. He taught that to protect another's right to dissent, worship, or express, is the highest form of righteousness. Sri Guru Tegh Bahadur's eternal message remains deeply significant in the contemporary era, as the world continues to struggle with authoritarianism, communal discord, and violations of human rights. His teachings offer a model of how to resist oppression without hatred, and how to protect the rights of others even at great personal cost. His life reminds us that ethical resistance, rooted in compassion, can be more powerful than violence or revenge. His vision of unity in diversity was not merely philosophical—it was a lived experience. He helped people recognize that a harmonious society must be built upon mutual respect, moral courage, and an unwavering dedication to the dignity of all beings.

In essence, Sri Guru Tegh Bahadur was not only a spiritual luminary but also a prophetic voice for democratic values. His legacy continues to illuminate the path toward a just, free, and inclusive society. His contribution is especially relevant today, as the world grapples with rising intolerance, threats to freedom of expression, and erosion of human values. His life reminds us that true democracy is not merely about systems and institutions but about courage, compassion, and moral clarity. He taught that to protect another's right to dissent, worship, or express, is the highest form of righteousness.

### ACKNOWLEDGEMENT:

I express my sincere gratitude to the Indian Council of Social Science Research (ICSSR), New Delhi, for providing a generous grant to undertake and complete the Major Research Project titled "Guru Tegh Bahadur as the Defender of Democratic Values." The financial support provided by the ICSSR played a pivotal role in facilitating the in-depth study and scholarly exploration of Sri Guru Tegh Bahadur's unparalleled contribution to the ideals of justice, freedom, and human dignity.



**Dr. Arvinder Singh Bhalla**Gujranwala Guru Nanak Khalsa College, Ludhiana.