

Vol 4 Issue 4 Jan 2015

ISSN No : 2249-894X

---

*Monthly Multidisciplinary  
Research Journal*

*Review Of  
Research Journal*

Chief Editors

---

**Ashok Yakkaldevi**  
A R Burla College, India

**Flávio de São Pedro Filho**  
Federal University of Rondonia, Brazil

**Ecaterina Patrascu**  
Spiru Haret University, Bucharest

**Kamani Perera**  
Regional Centre For Strategic Studies,  
Sri Lanka

**RNI MAHMUL/2011/38595**

Review Of Research Journal is a multidisciplinary research journal, published monthly in English, Hindi & Marathi Language. All research papers submitted to the journal will be double - blind peer reviewed referred by members of the editorial Board readers will include investigator in universities, research institutes government and industry with research interest in the general subjects.

Cláudio de São Pedro Filho Federal University of Rondonia, Brazil	Delia Serbescu Spiru Haret University, Bucharest, Romania	Mabel Miao Center for China and Globalization, China
Samani Perera Regional Centre For Strategic Studies, Sri Lanka	Xiaohua Yang University of San Francisco, San Francisco	Ruth Wolf University Walla, Israel
Caterina Patrascu Spiru Haret University, Bucharest	Karina Xavier Massachusetts Institute of Technology (MIT), USA	Jie Hao University of Sydney, Australia
Fabricao Moraes de Almeida Federal University of Rondonia, Brazil	May Hongmei Gao Kennesaw State University, USA	Pei-Shan Kao Andrea University of Essex, United Kingdom
Anna Maria Constantinovici L. I. Cuza University, Romania	Marc Fetscherin Rollins College, USA	Loredana Bosca Spiru Haret University, Romania
Domona Mihaila Spiru Haret University, Romania	Liu Chen Beijing Foreign Studies University, China	Ilie Pinte Spiru Haret University, Romania

Alahdi Moharrampour Islamic Azad University buinzahra branch, Qazvin, Iran	Nimita Khanna Director, Isara Institute of Management, New Delhi	Govind P. Shinde Bharati Vidyapeeth School of Distance Education Center, Navi Mumbai
Titus Pop PhD, Partium Christian University, Oradea, Romania	Salve R. N. Department of Sociology, Shivaji University, Kolhapur	Sonal Singh Vikram University, Ujjain
K. VIJAYAKUMAR King Abdullah University of Science & Technology,Saudi Arabia.	P. Malyadri Government Degree College, Tandur, A.P.	Jayashree Patil-Dake MBA Department of Badruka College Commerce and Arts Post Graduate Centre (BCCAPGC),Kachiguda, Hyderabad
George - Calin SERITAN Postdoctoral Researcher Faculty of Philosophy and Socio-Political Sciences I. I. Cuza University, Iasi	S. D. Sindkhedkar PSGVP Mandal's Arts, Science and Commerce College, Shahada [ M.S. ]	Maj. Dr. S. Bakhtiar Choudhary Director,Hyderabad AP India.
ZEZA KAFIPOUR Shiraz University of Medical Sciences Shiraz, Iran	Anurag Misra DBS College, Kanpur	AR. SARAVANAKUMARALAGAPPA UNIVERSITY, KARAIKUDI,TN
Rajendra Shendge Director, B.C.U.D. Solapur University, Solapur	C. D. Balaji Panimalar Engineering College, Chennai	V.MAHALAKSHMI Dean, Panimalar Engineering College
	Bhavana vivek patole PhD, Elphinstone college mumbai-32	S.KANNAN Ph.D , Annamalai University
	Awadhesh Kumar Shirotriya Secretary, Play India Play (Trust),Meerut (U.P.)	Kanwar Dinesh Singh Dept.English, Government Postgraduate College , solan
		More.....

**Address:-Ashok Yakkaldevi 258/34, Raviwar Peth, Solapur - 413 005 Maharashtra, India**  
**ell : 9595 359 435, Ph No: 02172372010 Email: ayisrj@yahoo.in Website: www.ror.isrj.org**



## COMPARATIVE STUDY OF THE SPORTS ACHIEVEMENT MOTIVATION BETWEEN DISTRICT LEVEL MALE AND FEMALE FOOTBALL PLAYERS

**Biswajit Malakar**

Research scholar, Department of Physical Education, University of Kalyani.

**Abstract:-** The purpose of the present study was to compare the Sports Achievement Motivation between male and female district level football Players. Physical fitness & the psychologist status of male and female football players are different. Such a comparative study of sex-wise difference on sports achievement motivation in football is measure. SAMT consist of 20 multiple Choice Questions of 40 marks. Each Question carries two (2) marks for correct answer and zero (0) mark for wrong answer. The question measured the extent to which players were motivated towards sports achievement. 40 male and 40 female district level football players were selected as subjects for this study. The age range of the subjects was 14- 17 years. Statistical tool was used for accurate and systematic results. Independent t-test was use as statistical technique for comparative analysis. And the level of significant was set at 0.05 level. After statistics analysis it was found that there is no difference on achievement motivation between male and female district level football players that means Achievement Motivation was same of the male and female football players.

**Keywords:**Sports psychology, Sport Achievement Motivation, Football.

### INTRODUCTION

Football refers to a number of sports that involve, to varying degrees, kicking a ball with the foot to score a goal. The most popular of these sports worldwide is association football, more commonly known as just "football" or "soccer". Unqualified, the word football applies to whichever form of football is the most popular in the regional context in which the word appears, including association football, as well as American football, Australian rules football, Canadian football, Gaelic football, rugby league, rugby union, and other related games. These variations of football are known as football codes.

Football is India's second most popular sport, next to the game of cricket. Traditionally it has enjoyed popularity in the regions such as West Bengal, Goa, Kerala, and the entire north-eastern India, especially Manipur, Meghalaya, Mizoram, Nagaland and Sikkim.

Achievement motivation, also referred to as the need for achievement (and abbreviated n Achievement), is an important determinant of aspiration, effort, and persistence when an individual expects that his performance will be evaluated in relation to some standard of excellence. Such behaviour is called achievement-oriented.

Motivation to achieve is instigated when an individual knows that he is responsible for the outcome of some venture, when he anticipates explicit knowledge of results that will define his success or failure, and when there is some degree of risk, i.e., some uncertainty about the outcome of his effort. The goal of achievement-oriented activity is to succeed, to perform well in relation to a standard of excellence or in comparison with others who are

competitors (McClelland 1961, chapter 6; Atkinson 1964).

Individuals differ in their strength of motive to achieve, and various activities differ in the challenge they pose and the opportunity they offer for expression of this motive. Thus, both personality and environmental factors must be considered in accounting for the strength of motivation to achieve in a particular person facing a particular challenge in a particular situation. The very same person may be more strongly motivated at one time than at another time, even though in most situations he may generally tend to be more interested in achieving than other people.

Achievement motivation remains a central issue within sport psychology as researcher continue to examine an individual's choice, effort, and persistence related to physical activity participation. Much research conducted in the area of achievement motivation has been based on Nicholls's (1984, 1989) goal perspective theory. The theoretical perspective states that individuals strive to display high ability and to avoid demonstrating low ability.

Singh et al. (2010) studied to compare the sports achievement motivation of male and female north zone badminton players. Results indicated that no significant difference was found between male and female north zone badminton players in their sports achievement motivation at 0.05 level of confidence.

Like physical fitness, the psychologist status of male and female football players is different. However, such a comparative study of sex-wise difference on sports achievement motivation in football is measure. This was the main purpose of the researcher

#### **Method:**

For this study 40 male & 40 female district level football players were selected OF West Bengal. The age range of the subjects was 14-17 years. The data was collected on all the subjects by administering the M.L. Kamlesh Sports Achievement Motivation Questionnaire (SAMT). SAMT consist of 20 Multiple Choice Questions of 40 marks. Each Question carries two (2) marks for correct answer and zero (0) mark for wrong answer. The question measured the extent to which student were motivated towards sports achievement. The SAMT carrying a test retest reliability as 0.70, in a test of twenty statements the response value of which range between 0 – 40. The validity SAMT with the actual performance of the athletes had been worked out to be 0.55 which is marked. Statistical tool was used for accurate and systematic results. Independent t-test was use as Statistical Technique for comparative analysis. And the level of significant was set at 0.05 level.

#### **RESULT & DISCUSSION**

**Table- 1**  
**Table -1 Mean & S.D. of district level male & female district level football players**

Groups	Number of players	Mean	S.D.
Male	40	30.97	3.38
Female	40	29.78	3.20

Researcher selected and identified appropriate raw data group wise. Mean score, Standard Deviation of each group was calculated. After Calculating the Mean, Standard Deviation the researcher applied Independent, 't' test. The mean score of male and female football player were 30.97 and 29.78 respectively. And Standard deviation of male & female football players was 3.38 & 3.20 female respectively shown in table no.1.

**Table- 2**  
**Table- 2 Mean, S.D., M.D., df, 't' value & table value of male & female district level football players**

Group	N	Mean	M.D.	S.D.	df	't' value	Table value
Male	40	30.97	1	3.38	78	1.50	2.26
Female	40	29.78		3.20			

\*Significant at 0.05 level of confidence

Table 2, represents that 't' value is 1.50 smaller than table value is 2.6 ( $1.50 < \text{table value} = 2.6$ ). It shows that 't' value (1.50) is less than table value (2.6), which is not statistically significant at 0.05 level. Hence from the above analysis, it is known that there is no difference on achievement motivation between male and female district level football players.

## DISCUSSION

The researcher found that the opposite fact and indicates that the female are good in studies in possessing better result in examination. However, overall situation reveals the psychological states of males and females were mostly similar. The result of the present study also supports the same and, then, there was no difference between male and female footballers of district level of West Bengal in sports achievement motivation level.

## REFERENCES

1. M.L. Kamlesh, "Educational Sports Psychology". (New Delhi-Friends Publication, 2006).
- 2.C.P. Singh, M. Ahmed, and I. Hussain, "A Comparative Study of Sports Achievement Motivation between Male and Female Badminton Players" Vyayam-Vidnyan, 43(3), 2010, pp.30-33. [www.bjism.bmj.com/content/44/supplement\\_1](http://www.bjism.bmj.com/content/44/supplement_1)
- 3.K. Kaur, N.P. Sharma and D.K Dureha. "Relationship between Achievement Motivation and Pre-Competition Anxiety of Indian Inter University Football Players" Scientific Journal in Sports and Exercise, 3(2), 2007, pp.24-26.
4. B.S. Thakur, and L. Mohan "Personality Traits, Anxiety and Achievement Motivation Level of Volleyball Players and Non - Sportsmen", Journal of Sports and Sports Sciences, 31(4), 2008, pp. 23-29.
4. M.L. Kamlesh, "Educational Sports Psychology". (New Delhi-Friends Publication, 2006).
- 5.Tammy A. Schilling. "Achievement motivation: Conceptions of ability, subjective experience, task choice, and performance". Canadian journal of sports Psychology, 91, 2001, pp. 238-246.
- 6.Robert Glyn C. "Achievement Motivation in sports". Department of Physical Education. University of Ilitinous.

# Publish Research Article International Level Multidisciplinary Research Journal For All Subjects

Dear Sir/Mam,

We invite unpublished Research Paper, Summary of Research Project, Theses, Books and Books Review for publication, you will be pleased to know that our journals are

## Associated and Indexed, India

- ★ Directory Of Research Journal Indexing
- ★ International Scientific Journal Consortium Scientific
- ★ OPEN J-GATE

## Associated and Indexed, USA

- ✍ DOAJ
- ✍ EBSCO
- ✍ Crossref DOI
- ✍ Index Copernicus
- ✍ Publication Index
- ✍ Academic Journal Database
- ✍ Contemporary Research Index
- ✍ Academic Paper Database
- ✍ Digital Journals Database
- ✍ Current Index to Scholarly Journals
- ✍ Elite Scientific Journal Archive
- ✍ Directory Of Academic Resources
- ✍ Scholar Journal Index
- ✍ Recent Science Index
- ✍ Scientific Resources Database

Review Of Research Journal  
258/34 Raviwar Peth Solapur-413005, Maharashtra  
Contact-9595359435  
E-Mail-ayisrj@yahoo.in/ayisrj2011@gmail.com  
Website : [www.ror.isrj.org](http://www.ror.isrj.org)