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## A STUDY ON ISSUES AND CHALLENGES OF WOMEN EMPOWERMENT IN INDIA

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### ABSTRACT:

*This paper attempts to analyze the status of Women Empowerment in India and highlights the Issues and Challenges of Women Empowerment. Today the empowerment of women has become one of the most important concerns of 21st century. But practically women empowerment is still an illusion of reality. We observe in our day to day life how women become victimized by various social evils. Women Empowerment is the vital instrument to expand women's ability to have resources and to make strategic life choices. Strengthening of ladies is basically the procedure of upliftment of monetary, social and political status of ladies, the generally oppressed ones, in the general*

*public. It is the way toward guarding them against all types of savagery. The study is based on purely from secondary sources. The study reveals that women of India are relatively disempowered and they enjoy somewhat lower status than that of men in spite of many efforts undertaken by Government. It is found that acceptance of unequal gender norms by women are still prevailing in the society. The examination finishes up by a perception that entrance to Education, Employment and Change in Social Structure are just the empowering components to Women Empowerment.*

**KEYWORDS:** Women Empowerment, Education, Health, Socio-Economic Status. Crimes against women, Policy implications.

### INTRODUCTION

Ladies strengthening alludes to expanding the profound, political, social, instructive, sexual orientation or financial quality of people and networks of ladies. Women's empowerment in India is heavily dependent on many different variables that include geographical location (urban / rural) educational status social status (caste and class) and age. Strategies on Women's strengthening exist at the national,

state and nearby (Panchayat) levels in numerous segments, including wellbeing, instruction, monetary chances, sexual orientation based savagery and political cooperation. Anyway there are huge hole between approach headways and genuine practice at the network level. Strengthening of ladies is basically the procedure of upliftment of monetary, social and political status of ladies, the customarily oppressed ones, in the general public. It is the way toward guarding them against all types of savagery. Ladies strengthening includes the structure up of a general public,

a world of politics, wherein ladies can inhale without the dread of abuse, misuse, trepidation, separation and the general sentiment of oppression which goes with being a lady in a customarily male commanded structure. Ladies establish practically half of the total populace however India has indicated lopsided sex proportion whereby female's populace has been relatively lower than guys. To the extent their societal position is concerned, they are not treated as equivalent to men in every one of the spots. In the Western social orders,

the ladies have equivalent right and status with men in varying backgrounds. But gender disabilities and discriminations are found in India even today. The paradoxical situation has such that she was sometimes concerned as Goddess and at other times merely as slave.

### OBJECTIVES OF THE STUDY

The primary goals of the investigation are expressed beneath:

- (a) To comprehend the idea of ladies strengthening
- (b) To study its issues and difficulties
- (c) To evaluate the Awareness of Women Empowerment in India.
- (d) To dissect the Factors affecting the Economic Empowerment of Women.
- (e) To study the Government Schemes For Women Empowerment.
- (f) To offer helpful Suggestions in the light of Findings.

### RESEARCH METHODOLOGY

The data used for this research is mainly secondary, collected from various magazines, books, research papers, reports and documents.

### WHY NEED OF WOMEN EMPOWERMENT?

Reflecting into the "Vedas Purana" of Indian culture, ladies is being loved, for example, LAXMI MAA, goddess of riches; SARSWATI MAA, for knowledge; DURGA MAA for influence. The status of ladies in India especially in country zones needs to address the issue of engaging ladies. About 66% of the female populace in rustic zone is unutilized. This is mostly because of existing social traditions. In horticulture and Animal consideration the ladies contribute 90% of the all out workforce. Ladies comprise practically 50% of the populace, perform almost 2/3 of its work hours, get 1/tenth of the world's pay and claim under 1/100th the world property.

### WAYS TO EMPOWER WOMEN

- Changes in ladies' versatility and social connection
- Changes in ladies' work designs
- Changes in ladies' entrance to and power over assets and
- Changes in ladies' power over Decision making
- Providing training
- Self work and Self assistance gathering
- Providing least needs like Nutrition, Health, Sanitation, Housing
- Other than this general public should change the mindset towards the word ladies
- Encouraging ladies to create in their fields they are great at and make a vocation

### Constitutional Provisions For Empowering Women In India

- Equality under the watchful eye of law for all people (Article-14).
- Prohibition of segregation on grounds of religion, race, rank, sex or spot of birth (Article 15(I)).
- However, unique arrangements might be made by the state in favors of ladies and youngsters Article 15(3).
- Equality of chance for all natives identifying with work or arrangement to any office under the state (Article 16).
- State approach to be coordinated to verifying for people similarly the privilege to a sufficient methods for business (Article 39(a); (v) equivalent compensation for equivalent work for the two people (Article 39(d)).
- Provisions to be made by the state for verifying just and human states of work and maternity alleviation (Article 42).

- Promotion of agreement by each resident of India and repudiation of such rehearses which are disdainful to the pride of ladies Article 51A (e).
- Reservation of at the very least 33% of all out seats for ladies in direct political race to nearby bodies, viz; Panchayats and Municipalities (Articles 343(d) and 343 (T)).

### ISSUES TO BE TRACKLED FOR WOMEN EMPOWERMENT

In India ladies are segregated and minimized at each degree of the general public whether it is social interest, financial chance and monetary support, political cooperation, access to training or access to assets and so on. Dominant part of Women in India are poor, uneducated and inadequately prepared. They often end up in the daily struggle of managing an ill equipped family and are not in a position to propel out themselves of the oppressive and regressive socio-economic conditions. Although lots of things are happening and large amount of resources are being spent in the name of women empowerment in India, the actual situation however, just remains the same and in many instances worsens further. Deep-rooted systemic challenges still remain to be addressed. The following are some of the important issues to be tackled for women's empowerment and gender equality in India.

- Eliminating gender differences in access to education and educational attainment are key elements on the path to attaining gender equality and reducing the disempowerment of women. Education, particularly higher education of women, is a key enabler of demographic change, family welfare, and better health and nutrition of women and their families. Special measures should be taken to create a gender-sensitive educational system, increase enrollment and retention rates of girls and improve the quality of education to facilitate life-long learning as well as development of occupation/ vocation/ technical skills by women.
- Child marriage, which is still prevalent in our society, must be stopped. This is because an early age at marriage of women is an indicator of the low status of women in society and also curtails women's access to education.
- A woman needs to be physically healthy so that she is able to take challenges of equality. Women must have access to comprehensive, affordable and quality health care.
- The programmes for training women in agriculture and other allied occupations should be expanded to benefit women workers in the agriculture sector.
- Employment, particularly for cash and in the formal sector, can empower women by providing financial independence. Women should be provided with proper wages and work at par with men so as to elevate their status in the society.
- Violence against women must be eradicated from the society. Apart from strict laws and legislations, the violence against women can only be tackled through a change in attitude that needs to take place in the family, in the society and the female members of the society as well. Gender sensitization and gender training programmes are also important.
- Women's political participation has been considered a major measure of women's empowerment. Women's representation in the legislature is very poor in India. Hence, necessary measures should be taken to increase women's representation in Lok Sabha, Rajya Sabha, State Assemblies and State Councils.
- Moreover, women's empowerment cannot take place unless women come together and decide to self-empower themselves. Women should come together as a unifying force and initiate self empowering actions at the ground level.

### CHALLENGES

There are a few limitations that check the procedure of ladies strengthening in India. Social standards and family structure in creating nations like India, shows and propagate the subordinate status of ladies. One of the standards is the proceeding with inclination for a child over the introduction of a young lady kid which is present in practically all social orders and networks. The general public is increasingly one-sided for male kid in regard of instruction, sustenance and different chances. The main

driver of this kind of mentality lies in the conviction that male kid acquires the faction in India with an exemption of Meghalaya. Ladies frequently disguise the customary idea of their job as regular in this manner perpetrating a foul play upon them. Neediness is the truth of life for by far most ladies in India. It is the another factor that postures challenge in understanding ladies' strengthening. There are a few difficulties that are tormenting the issues of ladies' privilege in India. Focusing on these issues will legitimately profit the strengthening of ladies in India

- **Education:** While the nation has developed from a far cry since freedom where training is concerned. the hole among ladies and men is extreme. While 82.14% of grown-up men are taught, just 65.46% of grown-up ladies are known to be educated in India. The sexual orientation predisposition is in advanced education, specific expert trainings which hit ladies exceptionally hard in business and achieving top administration in any field.
- **Poverty:** Poverty is viewed as the best danger to harmony on the planet, and destruction of neediness ought to be a national objective as significant as the annihilation of absence of education. Because of this, ladies are misused as residential makes a difference.
- **Health and Safety:** The wellbeing and security worries of ladies are central for the prosperity of a nation and is a significant factor in checking the strengthening of ladies in a nation. Anyway there are disturbing concerns where maternal human services is concerned.
- **Professional Inequality:** This disparity is rehearsed in businesses and advancements. Ladies face incalculable debilitates in male tweaked and commanded conditions in Government Offices and Private undertakings.
- **Morality and Inequality:** Due to sex inclination in wellbeing and sustenance there is uncommonly high profound quality rate in ladies diminishing their populace further particularly in Asia, Africa and china.
- **Household Inequality:** Household relations show sex inclination in imperceptibly little however noteworthy habits all over the globe, all the more along these lines, in India for example sharing weight of housework, childcare and modest works by alleged division of work.

## SUGGESTIONS

- The as a matter of first importance need ought to be given to the instruction of ladies, which is the grassroots issue. Consequently, instruction for ladies must be given extraordinary consideration.
- Awareness projects should be composed for making mindfulness among ladies particularly having a place with more fragile segments about their privileges.
- Women ought to be permitted to work and ought to be given enough wellbeing and backing to work. They ought to be given legitimate wages and work at standard with men so their status can be raised in the general public.
- Strict usage of Programs and Acts ought to be there to check the mal-rehearses pervasive in the general public.

## CONCLUSION

In this way, the accomplishment in the field of salary/work and in instructive front, the situation of ladies strengthening is by all accounts nearly poor. The need of great importance is to distinguish those escape clauses or restrictions which are watching the acknowledgment of strengthening of ladies and this activity must be begun from the ladies people itself just as more significantly arrangement activity taken by the state and society. Give us a chance to make the vow that we need a populist society where everyone whether men or ladies get the equivalent chance to express and elevate one's prosperity and prosperity of the general public as entirety.

Ladies' strengthening is anything but a Northern idea ladies everywhere throughout the world, incorporating nations in South, have been testing and changing sex disparities since the start of the history. These battles have additionally been bolstered by numerous men who have been insulted at bad form against ladies. Ladies speak to a large portion of the total populace and sex disparity exists in

each country on the planet. Until ladies are given similar open doors that men are, whole social orders will be bound to perform underneath their actual possibilities. The best need of great importance is change of social frame of mind to ladies. "At the point when ladies push ahead the family moves, the town moves and the country moves". It is fundamental as their idea and their worth frameworks lead the improvement of a decent family, great society and eventually a decent country. The most ideal method for strengthening is maybe through accepting ladies in the standard of improvement. Ladies strengthening will be genuine and successful just when they are invested pay and property with the goal that they may remain on their feet and develop their character in the general public. The Empowerment of Women has turned out to be one of the most significant worries of 21st century at national level as well as at the global level. Government activities alone would not be adequate to accomplish this objective. Society must step up to the plate and make an atmosphere wherein there is no sexual orientation segregation and ladies have full chances of self basic leadership and partaking in social, political and monetary existence of the nation with a feeling of balance.

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